

2026

Neighborhood  
Cancer  
Connection

# June Program Calendar



● Connection Group   ● Community Event   \* = registration required

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>All Workshops and Groups are held at 113 Mills Ave, Greenville SC, 29605.</p> <p><a href="#">Click HERE to register!</a></p>		<p>1 Community Accupuncture 1:30pm</p>	<p>2 Patient &amp; Caregiver Connection Group 11:30am</p>	<p>3</p>	<p>4 Free Oncology PT Clinic 8am-11am* Registration Required Breast Cancer Connection Group 11am Ostomy Support Group 4:00PM- 6:00PM</p>	<p>5</p>
6	7	8	9	10	11 Bereavement Connection Group 12pm	12
13	14	15	16 Patient & Caregiver Connection Group 11:30am	17	18 Free Oncology PT Clinic 8am-11am* Registration Required Breast Cancer Connection Group 11am	19 Creative Cafe 10am* Registration Required
20	21	22	23 Chair Yoga 3:30pm-4:15pm Registration Required	24 Lunch & Learn: Making the Right Care Choices for You 12-1:00PM Registration Required	25 Free Oncology PT Clinic 8am-11am* Registration Required Bereavement Connection Group 12pm	26
27	28	29	30	1	2	3



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# July Program Calendar



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		Community Accupuncture 1:30pm	<p>Patient &amp; Caregiver Connection Group 11:30am</p> <p>Mind Over Matter Class Series 5:00pm - 6:30 pm</p>		Bereavement Connection Group 12pm	
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# Free Connection Groups

**Cancer Patient/Caregivers Connection Group:** Provides support to people who have been impacted by cancer of any kind. Participants share their feelings, experiences, and information with others who are on similar paths towards healing and wholeness.

**Breast Cancer Connection Group:** Provides emotional and practical support while helping people cope with the challenges and stress of a breast cancer diagnosis, treatment, and recovery. Open to both men and women, patients, and survivors.

**Ostomy Support Group:**

Join us for the Ostomy Support Group! This group is sponsored by Prisma Health–Upstate and affiliated with United Ostomy Associations of America Inc. Facilitated by Kristin Lansner, RN.

RSVP requested but not required to attend: [WoundOstomy@PrismaHealth.org](mailto:WoundOstomy@PrismaHealth.org) or 864-455-7961

**Bereavement Connection Group:** Open to anyone who may be experiencing any kind of grief (not limited to cancer). This group provides support and connection for those who have experienced loss.

**Creative Cafe**

Enjoy coffee and a treat while creating! This group is for anyone who would like a supportive space to explore simple, guided art activities. No art experience needed! Angela Modzelewski, guest art therapist, will be leading June's activity! **Registration Required!**

**Support Groups facilitated by Katie Bennett, LISW-CP  
If you need to attend a support group virtually, please contact us for the link.**

# Workshops and Classes

## **Community Acupuncture:**

This style of acupuncture is done in a community room with several patients being treated at once in chairs or on yoga mats. This style allows for more affordable acupuncture as the practitioner can treat multiple people at a time. It includes a short intake and pulse and tongue diagnosis to determine the treatment. Acupuncture can treat stress, anxiety, PTSD, Women's health issues, pain and much more. In partnership with: Dr. Grace Minella, DAC, L.Ac.. **Cost:** Sliding scale fee between \$25 and \$40. Financial assistance available through NCC. Space is limited so please reserve your spot today! **Registration Required!**

## **Free Oncology Physical Therapy Clinic**

Neighborhood Cancer Connection is hosting Limitless PT to provide a free physical therapy clinic for cancer patients/survivors who qualify for financial aid. This clinic is here to help clients improve their health and quality of life by offering expert care and support in the form of physical therapy. Limitless PT will be offering care that targets fluid retention, range of motion, and pelvic health. Together, we're working to make a positive difference for cancer patients/survivors in our community. \*Financial eligibility requirement. **Registration Required!**

## **Chair Yoga**

Join a mindful journey of yoga with instructor Hanna Allen. Designed for all experience levels, this chair yoga class will strengthen posture and relax the mind. If you wish to practice on a yoga mat you are more than welcome to bring yours to class. **Registration Required!**

## **Lunch & Learn: Making the Right Care Choices for You:**

This lunch & learn provides information about home health and hospice care so you can make the best care choices for yourself or your loved one. Attendees will gain a clear understanding of home health and hospice care, and explore the emotional and practical aspects of care decisions. Through expert guidance and open discussion, attendees will leave with the knowledge and confidence to make choices that honor dignity, comfort, and quality of life. Provided in collaboration with Compassus. **Registration Required!**

## **Mind Over Matter Class Series:**

This 5-week course helps cancer patients, survivors, and caregivers navigate the emotional and mental challenges of a diagnosis and recovery. Participants learn practical strategies, stress-reduction techniques, and mindfulness practices. This supportive environment fosters resilience, reduces anxiety, and builds a shared community for everyone impacted by the cancer journey. **Registration Required!**

**Sign-up for workshops/classes requiring registration:  
visit <https://linktr.ee/neighborhoodcancerconnection> or call (864)-236-8830.**